

Junior Clubs

Club	Day	Time	Level
Gymnastics	Tuesday	4.00-5.00pm	Badges 7,6,5,4,3,2
		5.00-6.00pm	Badges 7,6,5,4,3,2
	Thursday	3.20-4.25pm	Badges 7,6,5,4,3,2
		4.25-5.25pm	Badges 7,6,5,4,3,2
	Friday	3.30-4.30pm	Badges 7,6,5,4,3,2
		4.30-5.30pm	Advanced – by invitation only
Trampolining	Tuesday	3.30-4.30pm	Beginners & Improvers
		4.30-5.30pm	Beginners & Improvers
		5.30-6.45pm	Squad
	Thursday	3.30-4.30pm	Beginners & Improvers
		4.30-5.30pm	Beginners & Improvers
		5.30-7.30pm	Squad
	Friday	4.30-5.30pm	Beginners & Improvers
		5.30-6.30pm	Beginners & Improvers
6.45-7.45pm		11 yrs +	
Saturday	9.30am-12 noon	Squad	
Karate	Wednesday	7.15-8.45pm	7yrs +
	Thursday	7.00-8.00pm	7yrs +